



Healing Stitches II Rectangle Afghan

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Red Heart® With Love™ (198 g/7 oz, 338 meters/370 yards)

Instructions

Color A - Tigerlily 1 ball
Color B - Iced Aqua 1 ball
Color C - Tan 2 balls
Color D - Cornsilk 1 ball
Color E - Mallard 2 balls

Size U.S. J/10 (6.0 mm) crochet hook.

Measurements Approx 55" X 67" [140 x 170 cm].

Abbreviations List

Beg = Begin(ning)
Blo = Back loop only
Ch = Chain
Dc = Double crochet
Dcbp = Double crochet back post
Dcfp = Double crochet front post
Hdc = Half double crochet
Rep = Repeat
Rnd(s) = Round(s)
Sc = Single crochet
Sk = Skip
Sl st = Slip stitch
Sp = Space
St(s) = Stitch(es)
Yoh = Yarn over hook

Special Note

When working dcfp, pull first loop up to keep extended to height of current row.

Special Stitches

Lg Shell = 9 dc in same st.

Picot = Ch 3, sl st back into last dc worked.

Shell = 5 dc in same st.

Standing Sc = Form slip knot and insert onto the hook. Insert hook into st, yoh and pull loop through, yoh through 2 loops.

V-st = 1 dc, ch 1, 1 dc in same st.

X-st = Sk next st, dc in next st, dc in skipped st.

1st rnd: (RS) With A, ch 32, in 2nd ch from hook, (1 sc, ch 2, 1 sc - 1 corner made), 1 sc in each ch to end, in last ch, (1 sc, ch 2, 1 sc, ch 2, 1 sc - 2 corners made), working in opposite side of ch, 1 sc in each ch to end, 1 sc in same ch as 1st corner, join with 1 hdc (counts as ch 2 corner here and throughout) to beg sc. 31 / 1 sc per side, 4 ch 2 corners.

2nd rnd: Ch 3 (counts as dc here and throughout), 1 dc in same sp (working around post of hdc), *1 dc in next st, (2 dc, ch 2, 2 dc) in ch 2 sp, 1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * to ** once, 2 dc in beg corner, join with 1 hdc to top of ch 3. 35 / 5 dc per side.

3rd rnd: Ch 1, 1 sc in same sp, *sc in each st to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then * to ** once, 1 sc in beg corner, join with 1 hdc to beg sc. Break A. 37 / 7 sc per side.

4th rnd: With B, join with sl st in any corner, ch 1 (doesn't count as st), 1 hdc in same sp, *1 dc in next st, [1 dcfp around dc 2 rnds below, sk the st behind the dcfp, 1 dc in next st] to corner.** (1 hdc, ch 2, 1 hdc) in corner sp; rep from * twice, then from * to ** once more, 1 hdc in beg sp, join with 1 hdc to beg hdc. 18 / 3 dcfp, 19 / 4 dc, 2 hdc per side.

5th rnd: Ch 1, 1 sc in same sp, *sc in each st to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then * to ** once, 1 sc in beg corner, join with 1 hdc to beg sc. Break B. 41 / 11 sc per side.

6th rnd: With C, join with sl st in any corner, ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in next st, [sk next st, 1 dc in next st, cross back, 1 dc in skipped sp (X-st made)] to corner**, (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, sl st to beg ch 3. Break C. 20 / 5 X-st, 5 dc per side.

7th rnd: With D, join with sl st in any corner, ch 2 sp, ch 3, 1 dc in same sp, *1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, 2 dc in beg corner, join with 1 hdc to top of ch 3. 49 / 19 dc per side.

8th rnd: Ch 1, 1 sc in same sp, *sc in each st to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then * to ** once, 1 sc in beg corner, join with 1 hdc to beg sc. Break D. 51 / 21 sc per side.

9th rnd: With E, join with sl st in any corner, ch 1 (doesn't count as st), 1 hdc in same sp, *1 dc in next st, [1 dcfp around dc 2 rnds

below, sk the st behind the dcfp, 1 dc in next st] to corner.** (1 hdc, Ch 2, 1 hdc) in corner sp; rep from * twice, then from * to ** once more, 1 hdc in beg sp, join with 1 hdc to beg hdc. 25 / 10 dcfp, 26 / 11 dc, 2 hdc per side.

10th rnd: Ch 1, 1 sc in same sp, *sc in each st to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then * to ** once, 1 sc in beg corner, join with 1 hdc to beg sc. Break E. 55 / 25 sc per side.

11th rnd: With B, join with sl st in any corner ch 2 sp, ch 3, 8 dc in same sp (1 lg shell made), *sk 3 sts, 1 sc in next st, [sk 2 sts, 5 dc in next st (1 shell made), sk 2 sts, 1 sc in next st] until 3 sts to corner, sk 3 sts,** 1 lg shell in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break B. 8 / 3 shells, 9 / 4 sc per side, 4 lg shells.

12th rnd: With C, standing sc in the 5th dc of any lg shell, (1 sc, ch 2, 2 sc) in same st, *sk 1 st, 1 sc in next st, *[sk 2 sts, 1 shell in next st, sk 2 sts, 1 sc in next st] ending in lg shell, sk 1 st,** (2 sc, ch 2, 2 sc) in next st; rep from * twice, then from * to ** once, join with sl st to beg sc. Break C. 9 / 4 shells, 14 / 9 sc per side.

13th rnd: With A, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *working in blo, 1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break A. 63 / 33 dc per side.

14th rnd: With C, join with sl st in any corner ch 2 sp, ch 3, 8 dc in same sp (1 lg shell made), *sk 1 st, 1 sc in next st, [sk 2 sts, 1 shell in next st, sk 2 sts, 1 sc in next st] until 1 st to corner, sk 1 st,** 1 lg shell in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break color C. 10 / 5 shells, 11 / 6 sc per side, 4 lg shells.

15th rnd: With B, standing sc in the 5th dc of any lg shell, (1 sc, ch 2, 2 sc) in same st, *sk 1 st, 1 sc in next st, *[sk 2 sts, 1 shell in next st, sk 2 sts, 1 sc in next st] six times, sk 1 st,** (2 sc, ch 2, 2 sc) in next st; rep from * twice, then from * to ** once, join with sl st to beg sc. Break B. 11 / 6 shells, 16 / 11 sc per side.

16th rnd: With E, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *working in blo, 1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break E. 75 / 45 dc per side.

17th rnd: With D, join with a sl st in any corner ch 2 sp, ch 1, (1 hdc, ch 2, 1 hdc) in same sp, *1 dcbp in each st to corner,** (1 hdc, ch 2, 1 hdc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg hdc. Break D. 77 / 47 sts per side.

18th rnd: With C, join with sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in next st, [sk next st, 1 dc in next st, cross back, 1 dc in skipped sp (X-st made)] to corner**, (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, sl st to beg ch 3. Break C. 38 / 23 X-st, 5 dc per side.

19th rnd: With B, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break B. 85 / 55 dc per side.

20th rnd: With E, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *sk next st, [(1 dc, ch 1, 1 dc) in next st (1 V-st made), sk 2 sts] to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break E. 28 / 18 V-st, 4 dc per side.

21st rnd: With D, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in next 2 sts, [3 dc in next ch 1 sp of

V-st] until 3 sts before corner, sk 1 st, 1 dc in next 2 sts,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break D. 92 / 62 dc per side.

22nd rnd: With A, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *sk next 2 sts, [1 V-st in next st, sk 2 sts] to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break A. 30 / 20 V-st, 4 dc per side.

23rd rnd: With C, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in next 2 sts, [3 dc in next ch 1 sp of V-st] until 3 sts before corner, sk 1 st, 1 dc in next 2 sts,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break C. 98 / 68 dc per side / 272 dc total.

24th rnd: With E, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *working in blo, 1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break E. 102 / 72 dc per side.

25th rnd: With D, join with a sl st in any corner ch 2 sp, ch 1, (1 hdc, ch 2, 1 hdc) in same sp, *1 dcbp in each st to corner,** (1 hdc, ch 2, 1 hdc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg hdc. Break D. 104 / 74 sts per side.

26th rnd: With C, join with sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *sk next st, 1 dc in next st, [sk next st, 1 dc in next st, cross back, 1 dc in skipped sp (X-st made)] to corner**, (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, sl st to beg ch 3. Break C. 51 / 36 X-st, 5 dc per side.

27th rnd: With B, join with a sl st in any corner ch 2 sp, ch 3 (1 dc, ch 2, 2 dc) in same sp, *1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break B. 111 / 81 dc per side.

28th rnd: With A, join with a sl st in any corner ch 2 sp, ch 3, 1 dc in same sp, *1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, 2 dc in beg corner, join with 1 hdc to top of ch 3. 115 / 85 dc per side.

29th rnd: Ch 1, 1 sc in same sp, *sc in each st to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then * to ** once, 1 sc in beg corner, join with 1 hdc to beg sc. Break color A. 117 / 87 sc per side.

30th rnd: With D, join with sl st in any corner, ch 1 (doesn't count as st), 1 hdc in same sp, 1 dc in next st, *1 dc in next st, [1 dcfp around dc 2 rnds below, sk the st behind the dcfp, 1 dc in next st] to corner,** (1 hdc, ch 2, 1 hdc) in ch 2 sp; rep from * twice, then from * to ** once more, 1 hdc in beg sp, join with 1 hdc to beg hdc. 58 / 43 dcfp, 59 / 44 dc, 2 hdc per side.

31st rnd: Ch 1, 1 sc in same sp, *sc in each st to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then * to ** once, 1 sc in beg corner, join with 1 hdc to beg sc. Break color D. 121 / 91 sc per side.

32nd rnd: With E, join with sl st in any corner, ch 1 (doesn't count as st), 1 hdc in same sp, 1 dc in next 2 sts, *1 dc in next st, [1 dcfp around dc 2 rnds below, sk the st behind the dcfp, 1 dc in next st] until 1 st to corner, 1 dc in next st,** (1 hdc, ch 2, 1 hdc) in corner sp; rep from * twice, then from * to ** once more, 1 hdc in beg sp, join with 1 hdc to beg hdc. 59 / 44 dcfp, 62 / 47 dc, 2 hdc per side.

33rd rnd: Ch 1, 1 sc in same sp, *sc in each st to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then * to ** once, 1 sc in beg corner, join with 1 hdc to beg sc. Break color E. 125 / 95 sc per side.

34th rnd: With B, join with sl st in any corner ch 2 sp, ch 3, 8 dc in

same sp (1 lg shell made), *sk 2 sts, 1 sc in next st, [sk 2 sts, 1 shell in next st, sk 2 sts, 1 sc in next st] until 2 sts to corner, sk 2 sts,** 1 lg shell in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break B. 20 / 15 shells, 21 / 16 sc per side, 4 lg shells.

35th rnd: With C, standing sc in the 5th dc of any lg shell, (1 sc, ch 2, 2 sc) in same st, *sk 1 st, 1 sc in next st, *[sk 2 sts, 1 shell in next st, sk 2 sts, 1 sc in next st] ending in lg shell, sk 1 st,** (2 sc, ch 2, 2 sc) in next st; rep from * twice, then from * to ** once, join with sl st to beg sc. Break C. 21 / 16 shells, 26 / 21 sc per side.

36th rnd: With A, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *working in blo, 1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break A. 135 / 105 dc per side.

37th rnd: With C, join with sl st in any corner ch 2 sp, ch 3, 8 dc in same sp (1 lg shell made), *sk 1 st, 1 sc in next st, [sk 2 sts, 1 shell in next st, sk 2 sts, 1 sc in next st] 19 times, sk 1 st,** 1 lg shell in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break color C. 22 / 17 shells, 23 / 18 sc per side, 4 lg shells.

38th rnd: With B, standing sc in the 5th dc of any lg shell, (1 sc, ch 2, 2 sc) in same st, *sk 1 st, 1 sc in next st, [sk 2 sts, 1 shell in next st, sk 2 sts, 1 sc in next st] 20 times, sk 1 st,** (2 sc, ch 2, 2 sc) in next st; rep from * twice, then from * to ** once, join with sl st to beg sc. Break B. 23 / 18 shells, 28 / 23 sc per side.

39th rnd: With E, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *working in blo, 1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break E. 147 / 117 dc per side.

40th rnd: With D, join with a sl st in any corner ch 2 sp, ch 1, (1 hdc, ch 2, 1 hdc) in same sp, *1 dcbp in each st to corner,** (1 hdc, ch 2, 1 hdc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg hdc. Break D. 149 / 119 sts per side.

41st rnd: With C, join with sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in next st, [sk next st, 1 dc in next st, cross back, 1 dc in skipped sp (X-st made)] to corner**, (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, sl st to beg ch 3. Break C. 74 / 59 X-st, 5 dc per side.

42nd rnd: With B, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break B. 157 / 127 dc per side.

43rd rnd: With E, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *sk next st, [1 V-st in next st, sk 2 sts] to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break E. 52 / 42 V-st, 4 dc per side.

44th rnd: With D, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in next 2 sts, [3 dc in next ch 1 sp of V-st] until 3 sts before corner, sk 1 st, 1 dc in next 2 sts,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break D. 164 / 134 dc per side.

45th rnd: With A, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *sk next 2 sts, [1 V-st in next st, sk 2 sts] to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break A. 54 / 44 V-st, 4 dc per side.

46th rnd: With C, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *1 dc in next 2 sts, [3 dc in next ch 1 sp of V-st] until 3 sts before corner, sk 1 st, 1 dc in next 2 sts,** (2 dc, ch 2,

2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break C. 170 / 140 dc per side.

47th rnd: With E, join with a sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *working in blo, 1 dc in each st to corner,** (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Break E. 174 / 144 dc per side.

48th rnd: With A, join with a sl st in any corner ch 2 sp, ch 1, (1 hdc, ch 2, 1 hdc) in same sp, *1 dcbp in each st to corner,** (1 hdc, ch 2, 1 hdc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg hdc. Break A. 176 / 146 sts per side.

49th rnd: With C, join with sl st in any corner ch 2 sp, ch 3, (1 dc, ch 2, 2 dc) in same sp, *sk next st, 1 dc in next st, [sk next st, 1 dc in next st, cross back, 1 dc in skipped sp (X-st made)] to corner**, (2 dc, ch 2, 2 dc) in ch 2 sp; rep from * twice, then from * to ** once, sl st to beg ch 3. Break C. 87 / 72 X-st, 5 dc per side.

50th rnd: With E, join with a standing sc in any corner ch 2 sp, (ch 2, 1 sc) in same sp, *ch 1, sk next st, [1 sc in next st, ch 1, sk next st] to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg sc. Break E. 91 / 76 sc per side.

51st rnd: With C, join with a standing sc in any corner ch 2 sp, (ch 2, 1 sc) in same sp, *ch 1, sk next st, [1 sc in next ch 1 sp, ch 1, sk next st] to corner**, (1 sc, ch 2, 1 sc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg sc. Break C. 92 / 77 sc per side.

52nd rnd: With E, join with sl st in any corner ch 2 sp, ch 3, (2 dc, picot, 3 dc) in same sp, *sk sc, [(1 dc, picot, 1 dc) in ch 1 sp, sk sc] to corner**, (3 dc, picot, 3 dc) in ch 2 sp; rep from * twice, then from * to ** once, join with sl st to beg ch 3. Fasten off. 182 / 152 dc per side + 6 dc each corner.

Damp block finished afghan to shape and enjoy.

