



REGULAR WEIGHT YARN HEADBAND | EASY

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Inspiration, Materials and Sizing

Crocheters requested a contoured ear warmer for the medium weight #4 yarn. Adaptable to go over a ball cap but also use without a cap as a regular headband.

Red Heart Roll With It Melange, 150g / 5.29 oz, 356 m / 389 yds

Theater, 1 ball - 32 g (1.13 oz) used. (4 headbands can be made with one ball).

Hook: 4.5 mm / G/6

Adult Size: 20" [51 cm] dia.

ABBREVIATIONS

Ch = Chain(s)
Dc = Double Crochet
Dcfp = Double Crochet Front Post
Rem = Remaining
Rep = Repeat
RS = Right side
Sc = Single crochet
St(s) = Stitch(es)
WS = Wrong side

The stitches will be tight to make the project warmer with less space between stitches.

Ch 18.

1st row: WS. 1 sc 2nd ch from hook, 1 sc in each ch across. Turn. 17 sts.

2nd row: RS. Ch 1, 1 dc in each st across. Turn. 17 sts.

3rd row: Ch 1, 1 sc in each st across. Turn. 17 sts.

The double crochet front post counts as the stitch it sits in front of the stitch in the row below.

GAUGE: 16 sc and 16 rows = 4" [10 cm]

Yoh = Yarn over hook

Tutorial version was Patons Lincoln Fog, Nest Egg. 1 Ball.

Notes:

We will be starting at the back of the head in the middle.

4th row: Ch 1, 1 dc in first st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. Turn. 17 sts.

5th row: Ch 1, 1 sc in each st across. Turn. 17 sts.

6th row: Ch 1, 1 dc in first 2 sts. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. 1 dc in last st. Turn. 17 sts.

7th to 12th rows: Rep 3rd to 6th rows once, then 3rd and 4th rows.

13th row: Ch 1, 1 sc each st across until 3rd last st. Sc2tog. Turn. 16 sts.



14th row: Ch 1, Dc2tog. 1 dc in next st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. 1 dc in last st. Turn. 15 sts.

15th row: Ch 1, 1 sc each st across until 3rd last st. Sc2tog. Turn. 14 sts.

16th row: Ch 1, dc2tog. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. Turn. 13 sts.

17th row: Ch 1, 1 sc each st across until 3rd last st. Sc2tog. Turn. 12 sts.

18th row: Ch 1, dc2tog. 1 dc in next st. *1 dcfp around next post 2 rows



below, 1 dc in next st. Rep from * across. 1 dc in last st. Turn. 11 sts.

19th row: Ch 1, 1 sc each st across. Turn. 11 sts.

Next section goes towards the front of the head around to the other side.

20th row: Ch 1, 1 dc in first st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. Turn. 11 sts.

21st row: Ch 1, 1 sc each st across. Turn. 11 sts.

22nd row: Ch 1, 1 dc in first 2 sts. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. 1 dc in last st. Turn. 11 sts.

23rd row: Ch 1, 1 sc in each st across. Turn. 11 sts.

24th to 43rd rows: Rep 20th to 23rd rows. Ends on WS.

44th row: RS. Ch 1. 2 dc in the first st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. Turn. 12 sts.

45th row: Ch 1, 1 sc each st across. Turn. 12 sts.

46th row: Ch 1, 2 dc in first st. 1 dc in next st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. Turn. 13 sts.

47th row: Ch 1, 1 sc each st across. Turn. 13 sts.

48th row: Ch 1, 2 dc in first st. 1 dc in next st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. 1 dc in last st. Turn. 14 sts.

49th row: Ch 1, 1 sc each st across. Turn. 14 sts.

50th row: Ch 1, 2 dc in first st. 1 dc in next st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. Turn. 15 sts.

51st row: Ch 1, 1 sc each st across. Turn. 15 sts.

52nd row: Ch 1, 2 dc in first st. 1 dc in next st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. 1 dc in last st. Turn. 16 sts.

53rd row: Ch 1, 1 sc each st across. Turn. 16 sts.

54th row: Ch 1, 2 dc in first st. 1 dc in next st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. Turn. 17 sts.

55th row: Ch 1, 1 sc each st across. Turn. 17 sts.

Back Section

56th row: Ch 1, 1 dc in first 2 sts. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. 1 dc in last st. Turn. 17 sts.

57th row: Ch 1, 1 sc each st across. Turn. 17 sts.

58th row: Ch 1, 1 dc in first st. *1 dcfp around next post 2 rows below, 1 dc in next st. Rep from * across. Turn. 17 sts.

59th row: Ch 1, 1 sc in each st across. Turn. 17 sts.

60th to 63rd rows: Rep 56th to 59th once. Fasten off at the end of 63rd row. Leave long tail to sew ends together.

Finishing

With RS facing each other, sew edges together through back loops only using a whipstitch. Weave in ends.